** Menu –November 7 - 11, 2016**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Morning Snack** | Toast  Goat Cheese  Blueberries  Milk  Water | No School | Apple Cranberry Oatmeal Bars  Milk  Water | Whole Grain Cereal  Bananas  Milk  Water | Breakfast Biscuits  Cheese  Milk  Water |
| **Lunch** | Broccoli & Cheese Rice  Black Eyed Peas  Bananas  Milk | No School | Elbow Macaroni  Greek Yogurt & Tomato Sauce  Garden Salad  Oranges  Milk | Veggie Pizza  Ceasar Salad  Grapes  Milk | Grilled Cheese Sandwich  Fruit Medley  Sweet Potato Fries  Milk |
| **Afternoon Snack** | Graham Crackers  Sunbutter  Apples  Water | No School | Pretzels  Sunbutter  Strawberries  Water | Pita Bread  Bean Dip  Grape Tomatoes  Water | Crackers  Hummus  Carrot Sticks  Water |

\*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.