** Menu – December 5–9, 2016**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**  |
| **Morning Snack** | ToastSunbutterGrapefruitMilk | Whole Grain CerealBananasMilk | Cheese GritsGrapesMilk | OatmealRaisonsMilk | Breakfast BiscuitsApplesMilk |
| **Lunch** | Black Bean & Kale SoupRollsApplesMilk | Mac & CheeseTurnipsGrapesMilk | Veggie WrapsLima BeansMilk | Broccoli Cheese SoupRollsApplesMilk | Cheese QuesadillaPurple Bell PeppersOrangesMilk |
| **Afternoon Snack** | Wheat ThinsGoat CheeseOrangesWater | PretzelsHummusTomatoesWater | Trail MixString CheeseGrapesWater | Graham CrackersRicotta CheeseStrawberriesWater | CarrotsHummusPitaWater |

\*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.