** Menu – December 5–9, 2016**

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| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Morning Snack** | Toast  Sunbutter  Grapefruit  Milk | Whole Grain Cereal  Bananas  Milk | Cheese Grits  Grapes  Milk | Oatmeal  Raisons  Milk | Breakfast Biscuits  Apples  Milk |
| **Lunch** | Black Bean & Kale Soup  Rolls  Apples  Milk | Mac & Cheese  Turnips  Grapes  Milk | Veggie Wraps  Lima Beans  Milk | Broccoli Cheese Soup  Rolls  Apples  Milk | Cheese Quesadilla  Purple Bell Peppers  Oranges  Milk |
| **Afternoon Snack** | Wheat Thins  Goat Cheese  Oranges  Water | Pretzels  Hummus  Tomatoes  Water | Trail Mix  String Cheese  Grapes  Water | Graham Crackers  Ricotta Cheese  Strawberries  Water | Carrots  Hummus  Pita  Water |

\*Serving sizes and meal components will be in compliance with USDA as per the attached guidelines.